

TRI CITY UROLOGY P.C.

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ADULT AND PEDIATRIC UROLOGY * BOARD CERTIFIED

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Patients Name _____

URODYNAMIC TESTING/CMG

Description of Urodynamic Evaluation:

Urodynamics is an in depth evaluation of the function of the lower urinary tract (bladder and bladder outlet or urethra). These studies are important in diagnosing problems of loss of urinary retention (inability to pass urine) or frequency of urination. This evaluation involves placing small tubes through the urethra into the bladder to measure the pressure inside the bladder. In many instances, a small tube is also placed inside the rectum to measure the pressure in the abdomen. A local anesthetic jelly is placed into the urethra (no shots) is often used for urodynamics. A complete examination usually will last one hour.

Possible Risks of Urodynamic Evaluation:

A small risk of infections exists after this procedure. If new symptoms of burning frequency or bleeding occur afterwards, please let us know. If x-rays are used, you will receive a small amount of radiation. Tell us before the procedure if you might be pregnant.

Preparation for Urodynamic Evaluation:

Try to report for your evaluation with a comfortably FULL bladder. If you empty your bladder just prior to your appointment it may delay your test. If you have been taking medication specifically to help your bladder relax or work better in any way --- **STOP taking this medication 3 days prior to the exam day. Examples of medications that should be stopped are -- Ditropan (oxybutinin), Detrol, Probanthine (propantheline), Tofranil (imipramine), Urispas, Cystopaz, Cardura, Hytrin.** **If you are taking antibiotics for the bladder or kidney infections, continue taking the medication.**

DATE OF TEST: _____

TIME OF TEST: _____

PLACE OF TEST: _____